

REVIEWS



Reviewed by Duncan Roads

BOOKS

GENESIS REVISITED.

By Zecharia Sitchin.

Publ: Avon Books, N.Y. 1990

Genesis Revisited is a 'companion' book to the landmark *EARTH CHRONICLES* series, which Nexus will cover a bit more in depth in forthcoming issues.

Like the *EARTH CHRONICLES*, this book also deals with our ancient history, in this case - specifically focussing on the technological achievements of our ancestors.

The underlying theme of Sitchin's books, is that not only were we visited by beings whom our ancestors called 'The Gods', but that we are a product of their interference, or involvement with the history of this planet.

The author regularly draws upon explicit archaeological discoveries, and can regularly back up his conclusions with relevant scrolls, or stone tablets.

There is an amazing amount of research which would lead any reader, or researcher to see much merit in the stunning uniformity of stories and legends from the most ancient of civilisations, regardless from which continent they originate.

If you ever considered that we as a species have an extra-terrestrial origin, then I recommend this book for your collection. After reading this one, you will be able to debate your theory with strong and conclusive evidence behind you.

THE PENGUIN CONSUMER GUIDE TO MEDICINES: -

The Complete Australian Reference to Prescription and Non-prescription Drugs.

By Dr. Frances Mackenzie MB., BS., MHPED., with H. Winter Griffith, MD.

Publ: Penguin Books.

This is the 2nd edition of a virtual encyclopaedia of medicinal drugs.

Has information on over 4,000 different brand names of prescription and non-prescription drugs, with details on side-effects, the effects when combined with other drugs, and other basic information.

The book is well designed, by this I mean that it is visually very easy to look up a drug and see its details.

I am certainly not recommending or advocating the use of prescription drugs by reviewing this book, I hope that people who purchase this book do so in the spirit of being informed as to what they are consuming each time they get drugs to prop up their illness.

With a total of over 545 pages, this book is certainly packed with information

DOLPHINS AND PORPOISES

A Complete Photographic and Scientific Survey .

By Louise Quayle

Publ: Headline (UK)

Distributors: Hodder & Stoughton Australia

This is a lovely big beautiful book with lots of fantastic pictures of dolphins and porpoises.

With a recommended retail price of \$24.95 this book would make an excellent present for any lover of aquatic mammals!

Not only does it have great pictures, but it also has good information to accompany it.

It also contains up-to-date information on the environmental impact upon dolphins, porpoises and some other aquatic mammals of the 20th century.

Big beautiful colour pictures of one of my favourite mammals - the book is worth buying just for them, the rest is a bonus.

EARTHRAYS -

The Silent Killer?

by Harald Tietze

Publ: Harald Tietze

(PO Box 34, Bermagui Sth, NSW 2547. Australia)

This book is a little know gem of a book on Earth Radiation. What is Earth Radiation you say? Well then, you had better buy this one to find out.

I am sure any dowers will find this book of great interest. I had little idea that plants and trees, as well as animals were so sensitive so as to be able to act as indicators of Earth Rays and their radiation lines.

The book contains some great illustrative examples of the effects of some Earth Rays on trees, and shows how cats, dogs, cows, sheep or chooks can help you locate the Earth Rays in your area.

BUSHCRAFT -

The Complete Guide for Bushwalkers, Campers and all Outdoor Enthusiasts.

by Bill Stoate

Publ: Viking O'Neil

Distributed by Penguin Books Australia

A truly essential book for the outdoors person. Specially good for teachers, group leaders, scouts etc.

Covers subjects such as clothing; footwear, tents, navigation, sleeping bags, rucksacks, stoves, knives, finding water, making fires, signalling, snowcraft, bushfires, snakes, food planning, shelters, bush food and emergency first aid.

This is an up to date book. The author, Bill Stoate, managed Survival Schools of Australia for over 12 years, and draws on experience that actually works.

It includes a full colour navigational map to illustrate the map reading section, so you actually know what the author is talking about!

Excellent for both the experienced bushwalker and the beginner.

PISSING AWAY

THE AMERICAN DREAM -

How the War on Drugs is Destroying the Bill of Rights.

By David Ross.

Publ: Digit Press (USA)

(PO Box 920066, Norcross, Georgia. 30092 USA)

It's called the "War on Drugs", but it is really a "War on People." It is a war of deceit, a war of economics, and mainly a war for power and control.

I have picked this book to review because it shows the future for Australia.



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By this I refer to "PISS TEST - a urine analysis to determine whether or not you have been consuming illegal drugs.

In the USA, most big companies now have this either installed, or on the agenda - and it is the same in Australia.

You may be surprised to learn that several large companies already carry on the practice, but it is being kept very quiet.

David Ross is employed by the nation's largest refined petroleum pipeline, which transports more than 50 million gallons of gasoline daily from refineries in Texas and Louisiana to the eastern seaboard. To keep his job, he is required to forfeit his Constitutional rights and submit to a search of his body fluids, on demand, by the US Government.

Civil Rights Activists will love this one. (Hear that Aldis?)

MIRACLES - A Scientific Exploration of Wondrous Phenomena.

by D. Scott Rogo

Publ: Aquarian Press (UK)

Distributed by Collins Angus &
Robertson Australia

Ever wondered about levitation, bleeding stigmata, miraculous visions, weeping statues and other feats of the unusual? If so this book should be on your shelf.

Miracles draws on both conventional science and the most recent findings of parapsychology laboratories around the world.

The author demonstrates that miracles are actually generated by the formidable powers of the human mind itself. This provides an interesting challenge to the belief that miracles are exclusively "religious" phenomena.

The book's conclusions provide some surprising theories about the nature of supernatural involvement in the miraculous.

WORDS OF POWER - Sacred Sounds of East & West.

by Brian & Esther Crowley

Publ: Llewellyn Publications
(USA) 1991

Many of us are gradually becoming more aware of the power of sound, but few are aware of the effects of repeating certain

sounds at certain rates of intonation.

Brian and Esther have done a very thorough job researching the uses and history of words of power. The 10 page bibliography lists some very good and hard to get books.

Subjects of interest include - Hebrew, kabalistic, Islamic, Yogic, Egyptian and Tibetan uses of sounds and chants.

Also included is a chapter on the practical benefits of sounds in the form of "mantras".

All in all, an impressive round-up of information on a rarely covered subject.

EASY PREGNANCY WITH YOGA.

by Stella Weller

Publ: Thorsons (UK)

Distributed by Collins Angus &
Robertson Australia.

Of the best books on the subject that I have seen. As I have just become the proud

father of a baby boy, I had the chance to look at what appeared to be dozens of 'baby books'.

This book, which I got in for review purposes, actually got put to the test. It passed, admirably.

I noticed the book was constantly being used regularly before and still now, after the birth.

It is a largish book, well illustrated, so you can put it on the floor while doing the positions and see what comes next.

It contains some very good information on the changing body during pregnancy, including chapters on - the breasts, caesarean birth, pelvis, respiratory system, and posture.

Australia is still moving out of the 'dark ages' of childbirth, and most times a mother to be decides to give natural childbirth a go, she is pleasantly surprised.

This book will help take us just that little bit further.

If you are pregnant - get it!

